Build Your Own Hand Washing Station

Cooperative Extension

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This simple hand washing station costs less than \$25 and is easily transportable into the field, to farmers markets and anywhere that proper hand washing should take place.

Parts needed:

- 1. A 5 gallon water container with spigot

 These can be found online or at sporting goods stores for about \$15.00
- 2. Two 24" bungee cords with hook ends

 These can be found at hardware stores for about \$2.00 each
- 3. A simple plastic paper towel holder

 These can be found at most home goods stores including dollar stores for less than \$5.00
- 4. Hand washing soap, pump or bar
- 5. Roll of paper towels
- 6. A bucket to capture grey water
- 7. Trash can or bag to collect used paper towels

Proper hand washing includes:

- 1. Wet hands with running water
- 2. Apply liquid, bar or powder soap
- 3. Lather hands well, rubbing hands vigorously for at least 20 seconds. Scrub all surfaces including the backs of your hands, wrists, between your fingers and under fingernails.
- 4. Rinse hands well with running water
- 5. Dry hands with a disposable towel
- 6. Dispose of towel in a closed container

